

ALL TIME FCIAC GIRLS RECORDS

Event	Perf	Name	School	Year
100	11.65 +5.0	Teyanna Green	Danbury	2010 State Open
	11.75 +2.0	Shellyan Lindo	McMahon	2012 New Englands
200	24.00 +2.5	Alanna Smith	Danbury	2021 NBNO
	24.09 -1.8	Alanna Smith	Danbury	New Englands
400	55.46	Alanna Smith	Danbury	2023 NBNO
800	2:09.85	Vanessa Thompson	St. Mary's	Former State Record
1500	4:23.3	Ceci Hopp	Greenwich	1981 Class L
Mile	4:42.60	Ceci Hopp	Greenwich	1981
3000	9:21.0	Ceci Hopp	Greenwich	1981 JR Nats
3200	10:10.26	Hannah DeBalsi	Staples	2013 New Englands
2mile	9:55.05	Hannah DeBalsi	Staples	2014 Brooks PR Invite
5000	16:28.71	Claire Howlett	Westhill	2014 Spartan Midnight
10000	35:53.9 HT	Cindy Davis	Darien	1988 USATF JR Nats
100HH	14.10 +2.8	Tess Stapleton	Fld Ludlowe	2019 State Open
	14.16 -1.3	Bridget Chiaravalle	Danbury	2016 State Open
300IH	43.41	Leslie Nixon ,	Staples	1984
400IH	59.62	Leslie Nixon ,	Staples	JO Nationals
2000SC	7:06.85	Anne Johnson	Darien	2014 NBON
4x100m	46.62	Walton, Greene, Docemus, Greene	Danbury	2008 Class LL
4x200m	1:43.14	Bunn, Chiaravalle, Souza, Porcenat	Danbury	2016 NBON

4 x 400m	3:50.84	Greene, Campbell, Greene, Walton	Danbury	State Open
4 x 800m	9:06.83	Rosenfeld, Teitsworth, Murdoch, Heaslip	Ridgefield	2005 NON
SMR	4:07.66	Simon, Petruzzelli, Damron, Jasminsky	Ridgefield	2017 Somers
DMR	11:46.20	Hafnawy, Wiener, Scanlan, DeBalsi	Staples	2014 NBON
4 x mile	21:30.02	Guillaume, Carr, Fleming, Hergenrother	Ridgefield	2013 NBON
PV	12'6.25	Robin Bone	Darien	2010 FCIACs
LJ	19'3.5	Catherine Lacy	Darien HS	2013 NEHS
TJ	38'10	Nia Christie	St. Joseph	2021 Bloomfield Mini
HJ	5'10	Leslie Nixon	Staples	1984
SP	49'4	Tanisha McMillian	Stamford	2006 Open
Disc	132'2	Tanisha McMillian	Stanford	2006
Jav	152'7	Ellie Gravette	Ridgefield	2013 FCIACs
Old Jav	143'4	Dolly Gardella	Norwalk	1974
Hammer	140'8	Caitlyn Fillodmo	Fld Ludlowe	2021 Hillhouse Meet
Hept	4352*	Mary Kennan	Danbury	Bethel Hept

*adjusted to current IAAF tables

Updated 6/12/23

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