

SWC GIRLS AND BOYS INDOOR TRACK CHAMPIONSHIP MEET RECORDS...through 2023

| <u>EVENTS</u> | <u>ATHLETE</u> | <u>SCHOOL</u> | <u>DATE</u> | <u>PERFORMANCE</u> |
|--|--|---------------|-------------|--------------------|
| HIGH JUMP | Rosa Linda Volpintesta | Bethel | 2023 | 5-02.25 |
| SHOT PUT | Allison Bradshaw | POMPERAUG | 2002 | 42-06.00 |
| LONG JUMP | Mariella Schweitzer | JOEL BARLOW | 2022 | 17-09.25 |
| POLE VAULT | Emily Savage | WESTON | 2013 | 12-01.00 |
| 55m HURDLES | Mariella Schweitzer | JOEL BARLOW | 2022 | 8.44 |
| 55m DASH | Theresa Saia | MASUK | 2013 | 7.28 |
| | Chelsea Boursiquot | BUNNELL | 2010 | 7.28(q) |
| 300m | Carly Swierbut | NEWTOWN | 2019 | 40.78 |
| 600m | Maeve Riley | IMMACULATE | 2012 | 1:38.10 |
| 1000m | Rhemi Toth, | WESTON | 2016 | 2:57.42 |
| 1600m | Gabrielle Richichi | NEW FAIRFIELD | 2015 | 5:00.01 |
| 3200m | Moira Kenny | IMMACULATE | 2009 | 11:07.88 |
| 4x200m RELAY | Meg Tynan, Ashley Russo, Kasey Moraveck, Theresa Saia | MASUK | 2013 | 1:48.06 |
| 4x400m RELAY | Megan Dietter, Helen Bayers, Sierra Grazia, Hannah Tower | NEW MILFORD | 2014 | 4:08.27 |
| 4x800m RELAY | K Ondy, M Coyle A Doherty, T Mascetta | IMMACULATE | 2019 | 9:40.63 |
| Sprint Medley RELAY 200-200-400-800 | Amy Lautenslager, Emily Prackup Nicole Werner, Rhemi Toth | WESTON | 2016 | 4:22.52 |
| <u>Retired Records</u> | | | | |
| 45m HURDLES | Lauren Tanz | BROOKFIELD | 2005 | 7.41 |
| 50m HURDLES | Lauren Tanz | BROOKFIELD | 2007 | 7.35 |
| 45m DASH | Lauren Tanz | BROOKFIELD | 2005 | 6.43 |
| 50m DASH | Janelle Tracy | NEWTOWN | 2000 | 6.76 |
| 500m | M. Micik | WESTON | 2001 | 1:23.78 |
| 800m | Becky Crane | NEWTOWN | 1998 | 2:31.44 |
| 4x225m RELAY | Gabby Brody, Nicole Krist, Rebecca Fine, Ali Atkinson | WESTON | 2006 | 2:10.16 |
| 4x240m RELAY | Chantal Forrester, Taylor Ault, Amy Anekwe, Angela Turnier | BUNNELL | 2004 | 2:23.8h |
| 4x375m RELAY | Catherine Sippin, Emma Tobin Stephanie Paradis, Brittany Wilbanks | WESTON | 2006 | 4:04.32 |
| 4x750m RELAY | Rebecca McCollum, Robyn Hudak Stephanie Cullingford, Katie Duffy | MASUK | 2003 | 9:31.0h |
| Sprint Medley RELAY 450-150-150-750 | Jackie Wald, Gabrielle Brody, Catherine Sippin, Emma Tobin | WESTON | 2006 | 4:20.1h |
| Sprint Medley RELAY 480-160-160-800 | Anna Griffin, Gabrielle Brody, Catherine Sippin, Krista Bonneau | WESTON | 2004 | 4:47.0h |

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|--|--|---------------|-------------|--------------------|
| HIGH JUMP | Vladimir Foster | BUNNELL | 2003 | 6-06 |
| SHOT PUT | John Wlasuk | NEWTOWN | 2011 | 58-9.00 |
| LONG JUMP | John Chernesky | MASUK | 2007 | 22-00.00 |
| POLE VAULT | TJ Murphy | NEW FAIRFIELD | 2012 | 15-06 |
| 55m HURDLES | David Camille | BUNNELL | 2012 | 7.84 |
| 55m DASH | Thaddeus Bennett | NOTRE DAME | 2008 | 6.58 |
| 300m | Simeon Okoro | WESTON | 2015 | 36.20 |
| 600m | Charles Osborne | NEW MILFORD | 2018 | 1:24.02 |
| 1000m | Stephen Tyler | WESTON | 2017 | 2:33.08 |
| 1600m | Cameron Swift | OXFORD | 2013 | 4:22.35 |
| 3200m | John Raneri | NEW FAIRFIELD | 2010 | 9:36.91 |
| 4x200m RELAY | Micah Zirn, Ian Stuebe, Chris Petty, Simeon Okoro | WESTON | 2015 | 1:31.50 |
| 4x400m RELAY | | NEW FAIRFIELD | 2013 | 3:34.07 |
| 4x800m RELAY | S. Crnic, C Cheng, P. McCormick, J. Raneri | NEW FAIRFIELD | 2010 | 8:25.25 |
| Sprint Medley RELAY 200-200-400-800 | Chase Morrissey Blaine McMahon Duncan Mateer Richard Grudzwick, | NEW MILFORD | 2015 | 3:42.52 |
| <u>Retired Records</u> | | | | |
| 45m HURDLES | Vladimir Foster | BUNNELL | 2003 | 6.59 |
| 50m HURDLES | John Schalkham | BROOKFIELD | 2007 | 7.35 |
| 45m DASH | Cameron Griffin | BROOKFIELD | 2005 | 5.84 |
| 50m DASH | Mike Whitman | MASUK | 2000 | 6.16 |
| 500m | Andy Craycraft | WESTON | 2000 | 1:09.05 |
| 800m | Kevin Somok | POMPERAUG | 2000 | 2:03.08 |
| 4x225m RELAY | Phil Cohen, James Gaffney, Adam Block, Stefan Bolea | WESTON | 2006 | 1:52.12 |
| 4x240m RELAY | Adam Block, James Gaffney, Martin Hallquist, Ben Fine | WESTON | 2007 | 1:59.81 |
| 4x375m RELAY | Sebby Mansson, Sean Gavaghan, Jake Wishko, Frank Calabrese | MASUK | 2005 | 3:28.6h |
| 4x750m RELAY | | NEW MILFORD | 2006 | 8:11.9h |
| Sprint Medley RELAY 450-150-150-750 | James Gaffney, Oliver Gaffney, Adam Block, Ryan Lane | WESTON | 2006 | 3:42.5h |
| Sprint Medley RELAY 480-160-160-800 | | POMPERAUG | 2004 | 3:58.0h |