

## Girls Top Wickham Park 4000m Times (1979-1990)

<u>Rank</u>	<u>Pl</u>	<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Meet</u>	<u>Year</u>
1	1	Ruth Filep	Roger Ludlowe	13:28.8	Class L	1985
2	1	Liz Mueller	Waterford	13:35.0	Wickham	1989
3	1	Ruth Filep	Roger Ludlowe	13:39.0	State Open	1985
4	1	Liz Mueller	Waterford	13:44.0	Wickham	1990
5	1	Danielle Benoit	Mercy	13:45.0	Wickham	1986
6	1	Liz Mueller	Waterford	13:45.0	State Open	1990
7	1	Ruth Filep	Roger Ludlowe	13:47.0	Wickham	1985
8	1	Kathy Olsen	Waterford	13:48.0	Class LL	1984
9	1	Kathy Olsen	Waterford	13:54.0	Wickham	1984
10	1	Kathy Olsen	Waterford	13:56.0	State Open	1984
11	1	Ruth Filep	Roger Ludlowe	13:57.0	Wickham	1985
12	1	Ceci Hopp	Greenwich	13:58.5	Class M	1981
13	1	Liz Mueller	Waterford	14:00.0	State Open	1989
15	2	Ann Cullagh	Pomperaug	14:01.0	State Open	1985
16	1	Cindy Davis	Darien	14:01.7	State Open	1988
17	2	Megan Bouchard	Lewis Mills	14:04.0	State Open	1984
19	1	Danielle Benoit	Mercy	14:04.0	Class LL	1985
20	1	Danielle Benoit	Mercy	14:05.0	Class LL	1986
21	1	Liz Mueller	Waterford	14:08.0	Class M	1989
22	1	Ann Cullagh	Pomperaug	14:09.0	Class M	1985
24	1	Cindy Davis	Darien	14:10.7	Class MM	1988
25	1	Margaret Barbour	Cheshire	14:11.0	Wickham	1987
26	3	Kari Vanderblue	Roger Ludlowe	14:14.0	State Open	1985
27	2	Erin St. John	Bethel	14:14.0	State Open	1990
28	3	Laura Kelly	St. Thomas Aquinas	14:15.0	State Open	1984
29	1	Carolyn Pollof	St. Bernard	14:16.0	Class L	1984
31	4	Margaret Barbour	Cheshire	14:19.0	State Open	1984
32	1	Liz Mueller	Waterford	14:19.0	Class M	1990
33	5	Carolyn Pollof	St. Bernard	14:20.0	State Open	1984
34	4	Margaret Barbour	Cheshire	14:21.0	State Open	1985
35	2	Kari Vanderblue	Darien	14:21.7	Class L	1985
36	1	Ceci Hopp	Greenwich	14:22.0	Class LL	1979
37	1	Margaret Barbour	Cheshire	14:22.0	Class LL	1984
38	2	Lisa Kirwin	Avon	14:22.0	Class M	1985
39	6	Norma Tranbarger	Wilton	14:22.0	State Open	1985
40	1	Margaret Barbour	Cheshire	14:22.0	Class LL	1984
41	3	Katie O'Toole	Ridgefield	14:23.0	State Open	1990
42	7	Ann Cullagh	Pomperaug	14:24.0	State Open	1984
43	3	Kelly Hawkes	Montville	14:24.0	Class M	1985
44	3	Meredith Gordon	Hall	14:24.8	Class L	1985
45	2	Nynke Dekker	Darien	14:25.0	Wickham	1986
46	1	Vanessa Thompson	St. Mary's	14:25.0	Wickham	1983
48	1	Laura Kelly	St. Thomas Aquinas	14:27.0	Class SS	1983
49	2	Norma Tranbarger	Wilton	14:27.0	Class L	1983

50	2	Margaret Barbour	Cheshire	14:29.0	Wickham	1985
51	2	Karen Rogers	Notre Dame, MA	14:29.0	Wickham	1984
52	5	Lisa Kerwin	Avon	14:29.0	State Open	1985
53	9	Elizabeth Blake	Foran	14:30.0	State Open	1985
54	2	Cindy Davis	Darien	14:30.0	Wickham	1987
55	2	Kim Hawkes	Montville	14:30.0	Wickham	1983
56	1	Janice Polonen	Norwich Free Acad	14:30.0	Wickham	1983
57	10	Debbie Bristol	Brookfield	14:31.0	State Open	1985
58	3	Terri Rogers	Notre Dame, MA	14:31.0	Wickham	1984
59	1	Danielle Benoit	Mercy	14:31.0	Wickham	1985
60	3	Heather Waddington	Darien	14:32.0	Wickham	1986
61	3	Nynke Dekker	Darien	14:33.0	Wickham	1987
63	11	Kelly Hawkes	Montville	14:34.0	State Open	1984
64	1	Brenda O'Connell	Fitch	14:34.0	Wickham	1989
65	2	Brenda O'Connell	Fitch	14:34.0	State Open	1989
66	2	Rebecca Jorgensen	Mercy	14:35.7	State Open	1988
67	2	Jenny Mitchell	Shepaug	14:36.0	Class SS	1983
68	1	Meredith Gordon	Hall	14:36.0	Class L	1986
69	1	Brenda O'Connell	Fitch	14:36.0	Class LL	1989
70	1	Kathy Olsen	Waterford	14:37.0	Class M	1982
71	1	Lara Kelley	St. Thomas Aquinas	14:38.0	Wickham	1984
72	12	Celeste Halliday	Bloomfield	14:38.0	State Open	1984
73	6	Kelly Hawkes	Montville	14:38.0	State Open	1985
74	1	Kathy Olsen	Watertown	14:38.6	Class M	1981
75	3	Meg Moisen	Darien	14:39.0	Class L	1984
76	13	Kari Vanderblue	Roger Ludlowe	14:39.0	State Open	1984
77	4	Cindy St. Ong	Plainville	14:39.0	Class M	1985
78	3	Brenda O'Connell	Fitch	14:41.0	State Open	1988
79	4	Carolyn Pollof	St. Bernard	14:40.8	Class L	1985
80	14	Jennifer Mitchell	Shepaug	14:40.0	State Open	1984
81	1	Jen Devine	Windham	14:40.0	Wickham	1986
82	1	Heather Waddington	Darien	14:40.0	Class MM	1986
83	3	Becky Nicholas	Mohawk, MA	14:40.0	Wickham	1985
84	7	Danielle Benoit	Mercy	14:40.0	State Open	1985
85	1	Erin St. John	Bethel	14:40.0	Wickham	1990
86	2	Patty O'Conner	Amity	14:41.0	Wickham	1989
87	3	Katie O'Toole	Ridgefield	14:41.0	State Open	1989
88	4	Kari Vanderblue	Roger Ludlowe	14:41.0	Wickham	1985
89	2	Martha Ulrick	New Canaan	14:42.0	Class LL	1980
90	5	Carolyn Pollof	St. Bernard	14:42.0	Wickham	1985
91	5	Cindy Brody	Watertown	14:42.0	Class M	1985
92	2	Elizabeth Blake	Foran	14:42.0	Class LL	1984
93	8	Cindy St. Ong	Plainville	14:42.0	State Open	1985
94	4	Heather Porch	Northwest Catholic	14:42.0	State Open	1989
95	2	Nynke Dekker	Darien	14:43.0	Class MM	1986
96	1	Kate McGovern	Newtown	14:43.0	Wickham	1989
97	5	Heather Cummings	Stamford Catholic	14:43.0	State Open	1989

98	1	Christina Russell	E.O. Smith	14:43.6	Class M	1979
99	15	Tracey Dowden	Northwest Catholic	14:44.0	State Open	1984
100	6	Debbie Bristol	Brookfield	14:44.0	Class M	1985

In 1991 the Wickham 4000m course had significant changes and was made longer.

### Girls Top Wickham Park 4000m Times (1991-2007)

<u>Rank</u>	<u>Pl</u>	<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Meet</u>	<u>Year</u>
1	1	Liz Mueller	Waterford	14:02.0	Class M	1992
2	1	Liz Mueller	Waterford	14:08.0	State Open	1992
3	1	Liz Mueller	Waterford	14:11.0	Class M	1991
4	1	Liz Mueller	Waterford	14:19.0	Wickham	1991
5	1	Liz Mueller	Waterford	14:35.0	State Open	1991
6	1	Meghan Owen	Killingly	14:49.0	Class MM	2001
7	2	Meghan Owen	Killingly	14:50.0	State Open	2001
8	1	Amie Schumacher	Holy Cross	15:00.0	Class MM	2003
9	1	Mary Cobb	Pittsfield, MA	15:04.0	Wickham	1994
10	2	Meghan Owen	Griswold	15:04.0	State Open	2000
11	1	Jessica Schenk	Fitch	15:08.0	State Open	1999
12	1	Chelsea Lenge	Conard	15:08.0	State Open	2000
13	1	Chelsea Lenge	Conard	15:08.0	Class L	2000
14	1	Lisa Stublic	Crosby	15:12.0	State Open	1999
15	2	Meghan Owen	Killingly	15:12.0	State Open	2002
16	1	Jessica Schenk	Fitch	15:13.0	State Open	1998
17	1	Chelsea Lenge	Conard	15:13.0	Class LL	1999
18	1	Meghan Owen	Griswold	15:13.0	Class MM	2000
19	1	Chelsea Lenge	Conard	15:13.0	Wickham	2000
20	1	Kerri Lyons	Wilton	15:13.0	State Open	2004
21	6	Kelly Sorrell	Lyman Memorial	15:13.0	State Open	2005
22	2	Amie Schumacher	Holy Cross	15:14.0	Wickham	2004
23	1	Jessica Schenk	Fitch	15:15.0	State Open	1997
24	1	Amie Schumacher	Holy Cross	15:15.0	State Open	2003
25	1	Kristin Mitchell	Glastonbury	15:15.0	State Open	2005
26	1	Amie Schumacher	Holy Cross	15:18.84	Wickham	2003
27	1	Jessica Schenk	Fitch	15:18.0	Class L	1998
28	1	Emma Perron	Conard	15:18.0	Wickham	2005
29	2	Lisa Stublic	Crosby	15:20.0	Class MM	1999
30	1	Emma Perron	Conard	15:20.0	Class L	2005
31	1	Kelly Sorrell	Lyman Memorial	15:20.0	Class SS	2005
32	1	Erin St. John	Bethel	15:21.0	State Open	1991
33	1	Jessica Schenk	Fitch	15:21.0	Wickham	1997
34	1	Heather Burns	Nonnewaug	15:21.0	Class M	2001
35	1	Leanne Bollingbroke	Nonnewaug	15:22.0	Wickham	1996
36	3	Suzy D'Angelo	Lewis Mills	15:22.0	Wickham	1997

37	3	Meghan Owens	Griswold	15:22.0	State Open	1999
38	1	Emma Perron	Conard	15:22.0	State Open	2005
39	1	Jessica Schenk	Fitch	15:23.0	Wickham	1999
40	1	Amie Schumacher	Holy Cross	15:23.0	State Open	2004
41	1	Erin St. John	Bethel	15:24.0	Class MM	1992
42	1	Megan Coombs	Griswold	15:24.0	State Open	1997
43	2	Jessica Schenk	Fitch	15:24.0	Class L	1999
44	2	Codi Vachon	Manchester Central, NH	15:26.0	Wickham	1999
45	1	Leslie Almedia	Wolcott	15:27.0	State Open	1991
46	3	Suzy D'Angelo	Lewis Mills	15:27.0	State Open	1998
47	2	Heather Burns	Nonnewaug	15:27.0	State Open	2001
48	3	Kelly Sorrell	Lyman Memorial	15:28.0	Class SS	2004
49	1	Jessica Keener	Mercy	15:28.0	Class L	2005
50	1	Kerri Lyons	Wilton	15:28.0	Class MM	2005
51	2	Heather Stephens	Ridgefield	15:28.0	State Open	2007
52	2	Maura Dahany	South Windsor	15:29.0	Wickham	1995
53	1	Meghan Owen	Griswold	15:29.0	Wickham	1996
54	1	Suzy D'Angelo	Lewis Mills	15:29.0	State Open	1997
55	3	Lisa Stublic	Crosby	15:29.0	Wickham	1999
56	3	Leslie Almedia	Wolcott	15:30.0	State Open	1992
57	3	Erin St. John	Bethel	15:30.0	State Open	1992
58	2	Jill Akus	NFA	15:30.0	Wickham	1995
59	2	Rosie Woodford	South Kingston, RI	15:30.0	Wickham	1996
60	2	Melanie Schorr	Suffield	15:30.0	State Open	2001
61	2	Rosie Woodford	South Kingston, RI	15:31.0	Wickham	1997
62	2	Caitlin Cunningham	Simsbury	15:31.0	Wickham	2004
63	4	Molly Dinan	Wilton	15:32.0	State Open	1991
64	1	Monique Berry	RHAM	15:32.0	Wickham	1996
65	1	Caitlin Cunningham	Simsbury	15:32.0	Class L	2004
66	3	Kristin Mitchell	Glastonbury	15:32.0	Class LL	2004
67	4	Kelly Sorrell	Lyman Memorial	15:32.0	Wickham	2004
68	1	Jessica Keener	Mercy	15:32.0	State Open	2005
69	5	Kristin Mitchell	Glastonbury	15:32.0	Class LL	2005
70	2	Lauren O'Donnell	Wilton	15:33.0	State Open	1991
71	2	Abbey Ames	E.O. SMITH	15:33.0	Wickham	1996
72	7	Jessica O'Connor	Ellington	15:34.0	State Open	1991
73	1	Liz Swift	Mercy	15:34.0	State Open	1991
74	6	Allison Hanscom	East Hartford	15:34.0	Class LL	1994
75	1	Lisa Stublic	Crosby	15:34.0	Class MM	2001
76	2	Kerri Lyons	Wilton	15:34.0	Class MM	2003
77	2	Caitlin Cunningham	Simsbury	15:34.0	State Open	2004
78	2	Alison Hanscom	East Hartford	15:35.0	State Open	1994
79	3	Jill Akus	NFA	15:35.0	State Open	1996
80	1	Amy Hicks	Woodstock	15:35.0	State Open	1999
81	4	Abbey Sadowski	Griswold	15:35.0	Class M	2001
82	5	Meghan Owen	Griswold	15:36.0	Wickham	1995

83	2	Amy Ruston	Nashua, NH	15:36.0	Wickham	1999
84	1	Orlaith Cunningham	Branford	15:36.0	State Open	2003
85	3	Kerri Lyons	Wilton	15:36.0	State Open	2005
86	2	Jennifer Rosenblatt	Naugatuck	15:37.0	State Open	1999
87	1	Megan Boden	Staples	15:38.0	State Open	1991
88	1	Jill Akus	NFA	15:38.0	Wickham	1996
89	8	Meghan Owen	Griswold	15:38.0	Wickham	1997
90	2	Amy Pleckaitis	Amity	15:38.0	Class LL	1998
91	1	Amy Hicks	Woodstock	15:38.0	State Open	2000
92	6	Nora Segar	Amherst	15:38.0	Wickham	2000
93	3	Betsy Boucher	Fitch	15:38.0	Class L	2003
94	1	Katie Matthews	Rocky Hill	15:38.0	State Open	2007
95	3	Meghan Owen	Killingly	15:39.0	Class MM	2002
96	3	Megan Coombs	Griswold	15:40.0	State Open	1998
97	3	Frances Russell	E.O. Smith	15:40.0	State Open	2000
98	1	Elise DeRoo	Newtown	15:40.0	State Open	2007
99	4	Rita Marcotta	Mohawk, MA	15:40.65	Wickham	2003

### Interesting links

<https://sites.google.com/view/rihstrackandfieldhistory/history/new-england?authuser=0>  
<https://www.courant.com/news/connecticut/hc-xpm-2001-10-04-0110041713-story.html>  
<https://www.courant.com/news/connecticut/hc-xpm-2006-10-06-0610061021-story.html>  
[http://www.green-mountains.com/NewEnglands/Stats\\_for\\_2001.pdf](http://www.green-mountains.com/NewEnglands/Stats_for_2001.pdf)

### Notes

1975 Earliest found dual meet results at Wickham Park  
1979 First girls CIAC Class Meet held at Wickham Park  
1982 first year of Wickham Invitational  
1982 only have results for Invitational winners  
1984 Open, only top 10  
1986 State Open was held at Timberlin Golf Course  
1991 the course was adjusted and lengthened  
1993 Open, Wickham and Class Meets Long Course  
1996 Open, Wickham and Class meets Long Course  
1998 Wickham Rain Course  
2002 Wickham Rain Course  
2008 girls began running 5000m for all varsity races

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