

FCIAC GIRLS INDIVIDUAL CHAMPIONS

Year	Name	School	Time
1976	Janet McColl	Wilt	13:25
1977	Amy Walter	Ridge	13:41
1978	Margaret Diaz	Norw	16:31
1979	Ceci Hopp	Green	14:42 x
1980	Ceci Hopp	Green	14:15 x
1981	Wendy Smith	Wilt	15:13
1982	Wendy Smith	Wilt	15:34
1983	Leslie Nixon	Stap	15:13
1984	Norma Tranbarger	Wilt	15:42
1985	Ruth Filep	Lud	14:29 x
1986	Kari Vanderblue	Fair	15:04
1987	Cindy Davis	Dar	15:06 x
1988	Cindy Davis	Dar	14:25 x
1989	Suzy McDowell	Green	15:14
1990	Emily Cruthers	Wilt	14:42
1991	Meghan Bowden	Stap	14:52
1992	Laura O'Donnell	Wilt	15:14
1993	Francesca Ryan	Stap	15:18
1994	Jamie Sutherland	Wilt	15:21
1995	Amy Peloquin	NC	15:19
1996	Nicole Denman	NC	14:57
1997	Amy Dock	Danb	15:06
1998	Amy Peloquin	NC	14:58
1999	Ginny Barb	Danb	15:00
2000	Megan Schultz	StJoes	15:39
2001	Kerry McAuliffe	Dar	15:24
2002	Kerri Lyons	Wilt	15:14
2003	Kerri Lyons	Wilt	14:55
2004	Kerri Lyons	Wilt	14:50
2005	Heather Stephens	Ridge	14:32
2006	Heather Stephens	Ridge	14:53
2007	Heather Stephens	Ridge	14:12 x
2008	Caroline McDonough	Dar	14:29
2009	Meg Ryan	Warde	14:03
2010	Heather Moriarty	Lud	15:06
2011	Abigail Markowitz	Green	14:55
2012	Cate Allen	Warde	14:20
2013	Hannah DeBalsi	Stap	13:39 x
2014	Hannah DeBalsi	Stap	13:37 x
2015	Hannah DeBalsi	Stap	14:05 x
2016	Morgan McCormick	Wilt	14:36 x
2017	Morgan McCormick	Wilt	13:44.8 x
2018	Gabriella Viggiano	Ridge	14:40.0

X State Open Champion

Schools with Most Individual Titles

Pg 2

Wilton	11
Staples	6
Ridgefield	5
Darien	4
Greenwich	4
New Canaan	3
Danbury	2
Ludlow	2
Warde	2
Fairfield	1
Norwalk	1
St. Joes	1

In 1976 girls ran their first separate race as an unofficial exhibition. Before that, they ran in the boys JV race. In 1967, the FCIAC moved to Hubbard Heights golf course in Stamford.

In 1978 the courses were measured and standardized to 2.5 miles for girls and 2.75 miles for boys. In 1986 the meet was moved to its present location in Waveny Park, run over 4,000m for girls and 5000m for boys. The course was altered in 1989 and again to its current layout in 200?