

SWC CHAMPIONSHIP TRACK & FIELD MEET RECORDS

Girls 4x800 M Relay	9:30.32	2014 Meyer M, Meyer A, Tarascio S, Gibbons E	Pomperaug
Girls 4x100 M Relay	49.27	2024 V. Abukhovich, S. Holub, J. Najjar, O. Taylor	Joel Barlow
Girls 100 M Hurdles	14.92	2023 Rosa Linda Volpintesta	Bethel
Girls 100 Meter Dash	12.24	2026 Kyra Mclean	Stratford
Girls 1600 Meter Run	4:52.90	2014 Gabrielle Richichi	New Fairfield
Girls 400 Meter Dash	57.05	2024 Grace Lyons	Newtown
Girls 300m Hurdles	44.37	2022 Mariella Schweitzer	Joel Barlow
Girls 800 Meter Run	2:15.59	2026 Abigail Winslow	Weston
Girls 200 Meter Dash	25.37	2019 Carly Swierbut	Newtown
Girls 3200 Meter Run	10:49.46	2019 Kate Wiser	Pomperaug
Girls 4x400 M Relay	3:59.28	2021 Barricelli E, McCarthy A, Snayd H, Powers, R	Newtown
Girls Javelin Throw	143-06	2021 Shea Greene	Weston
Girls Discus Throw	125'3	2014 Samantha Mazur	Brookfield
Girls Shot Put	40'5	2007 Candace Williams	Notre Dame
Girls High Jump	5'6.25	2023 Rowan Houston	Notre Dame-Fairfield
Girls Long Jump	17'11.75	2019 Chi Chi Anekwe	Stratford
Girls Triple Jump	37'2.0	2022 Anichka Malachi	New Milford
Girls Pole Vault	12'6	2013 Emily Savage	Weston
Tie	12'6	2024 Jordan Carr	Joel Barlow
Boys 4x800 M Relay	8:00.90	2014 Consalvo T, Mannion T, Timmerman P, Rivas C	Brookfield
Boys 4x100 M Relay	42.72	2024, G. Appiah, G. Marks, A. Gonzalez, H. Bobowick	Newtown
Boys 110 M Hurdles	14.59	2008 Jeremy Ragsdale	Bunnell
Boys 100 Meter Dash	10.97	2022 Nolan Freeman	New Milford
Boys 1600 Meter Run	4:15.39	2023 Soheib Dissa	Newtown
Boys 400 Meter Dash	48.31	2024 Brennan McCabe	Immaculate
Boys 300 Hurdles	39.68	2009 Nicholas Lindbolm	New Milford
Boys 800 Meter Run	1:52.89	2024 Cameron Miles	Weston
Boys 200 Meter Dash	21.52	2026 Brennan McCabe	Immaculate
Boys 3200 Meter Run	9:26.93	2023 Collin Walsh	New Milford
Boys 4x400 M Relay	3:22.69	2015 Okoro, C. Parker, N, Petty, Okoro, S	Weston
Boys Javelin Throw	189'7	2011 John Wlasuk	Newtown
Boys Discus Throw	171'6	2011 John Wlasuk	Newtown
Boys Shot Put	56'8.25	2011 John Wlasuk	Newtown
Boys High Jump	6'4	2005 Chuck Hatchett	Stratford
Tie	6'4	2015 Connor Kenny	New Fairfield
Boys Long Jump	22'02.25	2026 Akeem Wright Jr	Stratford
Boys Triple Jump	45'11.5	2018 Jonathan Cineus	Bunnell
Boys Pole Vault	15'0	2012 Tim Murphy	New Fairfield

As of 5/25/2026