

<b>FCIAC GIRLS INDOOR TRACK &amp; FIELD RECORDS</b>				
<b>45m</b>	D. Muehlfeld, M. Bonaldes, N. Paul	Danb, Danb, Green	6.0	82, 87, 93
<b>50m</b>	Nicole Paul	Greenwich	6.5	1994
<b>55m</b>	<b>Alanna Smith</b>	<b>Danbury</b>	<b>6.96*</b>	<b>2022</b>
<b>60m</b>	<b>Alanna Smith</b>	<b>Danbury</b>	<b>7.53*</b>	<b>2022</b>
<b>45HH</b>	Elizabeth Merritt	Darien	6.99	1997
<b>50HH</b>	Elizabeth Merritt	Darien	7.61	1997
<b>55HH</b>	Tess Stapleton	Fairfield Ludlowe	7.88	2020
<b>60HH</b>	Tess Stapleton	Fairfield Ludlowe	8.67*	2019
<b>200m</b>	<b>Alanna Smith</b>	<b>Danbury</b>	<b>24.31*</b>	<b>2022</b>
<b>300m</b>	<b>Alanna Smith</b>	<b>Danbury</b>	<b>38.22*</b>	<b>2022</b>
<b>400m</b>	Jordan Numme	Greenwich	58.10	2017
<b>Tie</b>	Emma Koether	Fairfield Ludlowe	58.10	2015
<b>500m</b>	Deb Clark	New Canaan	1:17.45	1998
<b>600m</b>	Emily Philappedes	Greenwich	1:33.32	2017
<b>800m</b>	Emily Philappedes	Greenwich	2:09.82	2018
<b>1000m</b>	Emily Philappedes	Greenwich	2:50.75	2017
<b>1500m</b>	Ceci Hopp	Greenwich	4:32.1h	1981
<b>1600m</b>	Hannah DiBalsi	Staples	4:52.57	2014
<b>1 Mile</b>	Ceci Hopp	Greenwich	4:45.09*	1981
<b>3000m</b>	Ceci Hopp	Greenwich	9:33.19*	1981
<b>3200m</b>	Hannah DiBalsi	Staples	10:19.26*	2014
<b>2 Mile</b>	Hannah DiBalsi	Staples	10:12.95*	2014
<b>5000m</b>	Hannah DiBalsi	Staples	16:32.26*	2016
<b>4 x 200m</b>	S. Walton, T. Green, C. Green, D. Dorcemus	Danbury	1:41.36	2008
<b>4 x 225m (Wilton)</b>	S. Egbert,S. Barb, K. Graham, H. Bourgault	Danbury	2:06.6h	2002
<b>4 x 240m (Staples)</b>	T. Green, Lowry, S. Walton, C. Green,	Danbury	2:13.99	2009
<b>4 x 375m (Wilton)</b>	No Names Provided	Wilton	3:52.8h	1985
<b>4 x 400m</b>	H. Bourgault, K. Graham, L. DellaVolpe, S, Egbert	Danbury	3:58.35	2002
<b>4 x 750m (Wilton)</b>	No Names Provided	Wilton	9:08.1h	1985

girs fciaac rec

<b>FCIAC Girls Indoor Records- pg 2</b>				
<b>4 x 800m</b>	Z Harris, G. DeWinter, H. McMillan, E. Philippides	Greenwich	9:10.08	2017
<b>SMR(Wilton-1500)</b>	L. DellaVolpe, K. Graham, S. Barb, W. Dunbar	Danbury	4:12.40	2002
<b>SMR(Staples-1600)</b>	Record lost	??	??	??
<b>SMR(1600m)</b>	B. Chiaravalle, Z Bunn, O. Turk, L. Sarkisian	Danbury	4:08.84	2017
<b>DMR(4000m)</b>	E. Hefnawy, O. Weiner, Scanlon, H. DeBalsi	Staples	11:49.75*	2014
<b>4 x 1500m</b>	H. Stephens, K. Holmes, K. Howley, I. Corso	Ridgefield	20:13.40	2007
<b>4xMile</b>	D. Grullon-Pena, L. Moore, S. Queiroz, C. Sturdevant	Danbury	21:30.19	2019
<b>Shuttle Hurdles</b>	J. Heaslip, M. Bower, E. Tan, M. Schaefer	Ridgefield	36.01	2008
<b>Pole Vault</b>	Maddy Schneider	Darien	12'4	2015
<b>High Jump</b>	Leslie Nixon	Staples	5'10*	1984
<b>Long Jump</b>	Tess Stapleton	Fairfield Ludlowe	19'8.25	2021
<b>Triple Jump</b>	Meilee Kry	Danbury	36'11.5	2020
<b>Shot Put</b>	Tynisha McMillan	Stanford	46'11.75*	2006
<b>Weight Throw 20lb</b>	Kyra James	Danbury	40'04	2003
<b>Pentathlon</b>	Christy Gasparino	Darien	3129	2010
* = State Record				