

SWC GIRLS AND BOYS INDOOR TRACK CHAMPIONSHIP MEET RECORDS...through 2023

<u>EVENTS</u>	<u>ATHLETE</u>	<u>SCHOOL</u>	<u>DATE</u>	<u>PERFORMANCE</u>
HIGH JUMP	Amy Persson	OXFORD	2011	5-02
	Alisha Beeman	BUNNELL	2010	5-02
	Rosa Linda Volpintesta	Bethel	2023	5-02
SHOT PUT	Allison Bradshaw	POMPERAUG	2002	42-06.00
LONG JUMP	Mariella Schweitzer	JOEL BARLOW	2022	17-09.25
POLE VAULT	Emily Savage	WESTON	2013	12-01.00
55m HURDLES	Mariella Schweitzer	JOEL BARLOW	2022	8.44
55m DASH	Theresa Saia	MASUK	2013	7.28
	Chelsea Boursiquot	BUNNELL	2010	7.28(q)
300m	Carly Swierbut	NEWTOWN	2019	40.78
600m	Maeve Riley	IMMACULATE	2012	1:38.10
1000m	Rhemi Toth,	WESTON	2016	2:57.42
1600m	Gabrielle Richichi	NEW FAIRFIELD	2015	5:00.01
3200m	Moira Kenny	IMMACULATE	2009	11:07.88
4x200m RELAY	Meg Tynan, Ashley Russo, Kasey Moraveck, Theresa Saia	MASUK	2013	1:48.06
4x400m RELAY	Megan Dietter, Helen Bayers, Sierra Grazia, Hannah Tower	NEW MILFORD	2014	4:08.27
4x800m RELAY	K Ondy, M Coyle A Doherty, T Mascetta	IMMACULATE	2019	9:40.63
Sprint Medley RELAY 200-200-400-800	Amy Lautenslager, Emily Prackup Nicole Werner, Rhemi Toth	WESTON	2016	4:22.52
<u>Retired Records</u>				
45m HURDLES	Lauren Tanz	BROOKFIELD	2005	7.41
50m HURDLES	Lauren Tanz	BROOKFIELD	2007	7.35
45m DASH	Lauren Tanz	BROOKFIELD	2005	6.43
50m DASH	Janelle Tracy	NEWTOWN	2000	6.76
500m	M. Micik	WESTON	2001	1:23.78
800m	Becky Crane	NEWTOWN	1998	2:31.44
4x225m RELAY	Gabby Brody, Nicole Krist, Rebecca Fine, Ali Atkinson	WESTON	2006	2:10.16
4x240m RELAY	Chantal Forrester, Taylor Ault, Amy Anekwe, Angela Turnier	BUNNELL	2004	2:23.8h
4x375m RELAY	Catherine Sippin, Emma Tobin Stephanie Paradis, Brittany Wilbanks	WESTON	2006	4:04.32
4x750m RELAY	Rebecca McCollum, Robyn Hudak Stephanie Cullingford, Katie Duffy	MASUK	2003	9:31.0h
Sprint Medley RELAY 450-150-150-750	Jackie Wald, Gabrielle Brody, Catherine Sippin, Emma Tobin	WESTON	2006	4:20.1h
Sprint Medley RELAY 480-160-160-800	Anna Griffin, Gabrielle Brody, Catherine Sippin, Krista Bonneau	WESTON	2004	4:47.0h

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HIGH JUMP	Vladimir Foster	BUNNELL	2003	6-06
SHOT PUT	John Wlasuk	NEWTOWN	2011	58-9.00
LONG JUMP	John Chernesky	MASUK	2007	22-00.00
POLE VAULT	TJ Murphy	NEW FAIRFIELD	2012	15-06
55m HURDLES	David Camille	BUNNELL	2012	7.84
55m DASH	Thaddeus Bennett	NOTRE DAME	2008	6.58
300m	Simeon Okoro	WESTON	2015	36.20
600m	Charles Osborne	NEW MILFORD	2018	1:24.02
1000m	Stephen Tyler	WESTON	2017	2:33.08
1600m	Cameron Swift	OXFORD	2013	4:22.35
3200m	John Raneri	NEW FAIRFIELD	2010	9:36.91
4x200m RELAY	Micah Zirn, Ian Stuebe, Chris Petty, Simeon Okoro	WESTON	2015	1:31.50
4x400m RELAY	NEW FAIRFIELD	2013	3:34.07
4x800m RELAY	S. Crnic, C Cheng, P. McCormick, J. Raneri	NEW FAIRFIELD	2010	8:25.25
Sprint Medley RELAY 200-200-400-800	Chase Morrissey Blaine McMahon Duncan Mateer Richard Grudzewick,	NEW MILFORD	2015	3:42.52
<u>Retired Records</u>				
45m HURDLES	Vladimir Foster	BUNNELL	2003	6.59
50m HURDLES	John Schalkham	BROOKFIELD	2007	7.35
45m DASH	Cameron Griffin	BROOKFIELD	2005	5.84
50m DASH	Mike Whitman	MASUK	2000	6.16
500m	Andy Craycraft	WESTON	2000	1:09.05
800m	Kevin Somok	POMPERAUG	2000	2:03.08
4x225m RELAY	Phil Cohen, James Gaffney, Adam Block, Stefan Bolea	WESTON	2006	1:52.12
4x240m RELAY	Adam Block, James Gaffney, Martin Hallquist, Ben Fine	WESTON	2007	1:59.81
4x375m RELAY	Sebby Mansson, Sean Gavaghan, Jake Wishko, Frank Calabrese	MASUK	2005	3:28.6h
4x750m RELAY	NEW MILFORD	2006	8:11.9h
Sprint Medley RELAY 450-150-150-750	James Gaffney, Oliver Gaffney, Adam Block, Ryan Lane	WESTON	2006	3:42.5h
Sprint Medley RELAY 480-160-160-800	POMPERAUG	2004	3:58.0h