

## SWC BOYS INDOOR TRACK AND FIELD CHAMPIONSHIP MEET RECORDS

(updated 3/3/22)

<u>Event</u>	<u>Record</u>	<u>Name(s)</u>	<u>Year</u>	<u>School</u>
High Jump	6'06	Vladimir Foster	2003	Bunnell
Pole Vault	15'06"	TJ Murphy	2012	New Fairfield
Long Jump	22'00"	John Chernesky	2007	Masuk
Shot Put	58'09"	John Wlasuk	2011	Newtown
55m DASH	6.58	Thaddeus Bennett	2008	Notre Dame
55m HURDLES	7.84	David Camille	2012	Bunnell
300m DASH	36.20	Simeon Okoro	2015	Weston
600m DASH	1:24.02	Charles Osborne	2018	New Milford
800m RUN	2:03.08	Kevin Somok	2000	Pomperaug
1000m RUN	2:33.08	Stephen Tyler	2/4/17	Weston
1600m RUN	4:22.35	Cameron Swift	2013	Oxford
3200m RUN	9:36.91	John Raneri	2010	New Fairfield
4x200m RELAY	1:31.50,	Micah Zirn, Ian Stuebe, Chris Petty, Simeon Okoro	2015	Weston
4x400m RELAY	3:33.41	Christian Morris, Dominick Curra, Matt Christie, Sean Fahey	2/4/17	Immaculate
4x800m RELAY	8:32.32	Moetiz Shilleh, Andrew Whitney, Colin Davis, Ethan Bassett	2/4/17	Masuk
SM RELAY 200-200-400-800	3:42.52	Chase Morrissey, Richard Grudzwick, Blaine McMahon, Duncan Matee	2015	New Milford
		<b><u>RETIRED RECORDS</u></b>		
45m DASH	5.84	Cameron Griffin	2005	Brookfield
50m DASH	6.16	Mike Whitman	2000	Masuk
45m HURDLES	6.59	Vladimir Foster	2003	Bunnell
50m HURDLES	7.35	John Schalkham	2007	Brookfield
500m DASH	1:09.05	Andy Craycraft	2000	Weston
4x225m RELAY	1:52.12	Phil Cohen, James Gaffney, Adam Block, Stefan Bolea	2006	Weston
4x240m RELAY	1:59.81	Adam Block, James Gaffney, Martin Hallquist, Ben Fine	2007	Weston
4x375 RELAY	3:28.6h	Sebby Mansson, Sean Gavaghan, Jake Wishko, Frank Calabrese	2005	Masuk
4x750m RELAY	8:11.9h		2006	New Milford
SM RELAY 450-150-150-750	3:42.5h	James Gaffney, Oliver Gaffney, Adam Block, Ryan Lane	2006	Weston
SM RELAY 480-160-160-800	3:58.0h		2004	Pomperaug

## SWC GIRLS INDOOR TRACK AND FIELD CHAMPIONSHIP MEET RECORDS

(UPDATED 3/3/22)

<u>Event</u>	<u>Record</u>	<u>Year</u>	<u>Name(s)</u>	<u>School</u>
High Jump	5'02	2011	Amy Persson	Oxford
	5'02	2010	Alisha Beeman	Bunnell
Pole Vault	12'01	2013	Emily Savage	Weston
Long Jump	17'02	2012	Emily Savage	Weston
Shot Put	42'06	2002	Allison Bradshaw	Pomperaug
55m DASH	7.28	2013	Theresa Saia	Masuk
	7.28(q)	2010	Chelsea Boursiquot	Bunnell
55m HURDLES	<b>8.44</b>	<b>2022</b>	<b>Mariella Schweitzer</b>	<b>Joel Barlow</b>
300m DASH	40.78	2019	Carly Swierbut	Newtown
600m DASH	1:38.10	2012	Maeve Riley	Immaculate
1000m RUN	2:57.42	2016	Rhemi Toth	Weston
1600m RUN	5:00.01	2015	Gabrielle Richichi	New Fairfield
3200m RUN	11:07.88	2009	Moira Kenny	Immaculate
4x200m RELAY	1:48.06	2013	Meg Tynan, Ashley Russo, Kasey Moraveck, Theresa Saia	Masuk
4x400m RELAY	4:08.27	2014	Megan Dietter, Helen Bayers, Sierra Grazia, Hannah Tower	New Milford
4x800m RELAY	9:40.63	2019	Kayla Ondy Molly Coyle Ailene Doherty, Taylor Mascetta	Immaculate
SM RELAY	4:22.52	2016	Amy Lautenslager, Emily Prackup, Nicole Werner, Rhemi Toth	Weston
200-200-400-800				
			<b><u>RETIRED RECORDS</u></b>	
45m DASH	6.43	2005	Lauren Tanz	Brookfield
50m DASH	6.76	2000	Janelle Tracy	Newtown
45m HURDLES	7.41	2005	Lauren Tanz	Brookfield
50m HURDLES	7.35	2007	Lauren Tanz	Brookfield
500m DASH	1:23.78	2001	Marisa Micik	Weston
800m RUN	2:31.44	1998	Becky Crane	Newtown
4x225m RELAY	2:10.16	2006	Gabby Brody, Nicole Krist, Rebecca Fine, Ali Atkinson	Weston
4x240m RELAY	2:23.8h	2004	Chantal Forrester, Taylor Ault, Amy Anekwe, Angela Turner	Bunnell
4x375m RELAY	4:04.32	2006	Catherin Sippin, Emma Tobin, Stephanie Paradis, Brittany Wilbanks	Weston
4x750m RELAY	9:31.0h	2003	Rebecca McCollum, Robyn Hudak, Stephanie Cullingford, Katie Duffy	Masuk
SM RELAY (Wilt)	4:20.1h	2006	Jackie Wald, Gabrielle Brody, Catherine Sippin, Emma Tobin	Weston
450-150-150-750				
SM RELAY (Stp)	4:47.0h	2004	Anna Griffin, Gabrielle Brody, Catherine Sippin, Krista Bonneau	Weston
480-160-160-800				