

FCIAC BOYS OUTDOOR RECORDS

100m	Connor McCarthy	Ridgefield	10.58	2008	CIAC STATE OPEN
200m	Andy Danvers	Darien	21.0h	1963	
	R. Alteri	Trumbull	21.0h	1975	
	Mike Lorick	Danbury	21.41	2007	CIAC Class LL
400m	Gianluca Bianchi	Greenwich	47.60	2023	NY Relays
800m	Henry Wynne	Staples	1:49.93	2013	New Englands
1500m	Henry Wynne	Staples	3:51.89	2013	NBNO (enroute)
1600m	Eric van der Els	Brien McMahon	4:08.42	2016	CIAC STATE OPEN
1 Mile	Henry Wynne	Staples	4:05.04	2013	Gand Prix, NY
3000m	Eric van der Els	McMahon	8:20.11	2014	Penn Relay, PA
3200m	Alex Ostberg	Darien	8:43.93	2015	Loucks Games, NY
2 Mile	Eric van der Els	McMahon	8:53.49	2016	Brooks PR, WA
5000m	Alex Ostberg	Darien	14:16.61	2014	NBON, NC
10,000m	Roy Mascolino	Staples	30:16.50	1983	USATF JR Nationals
2000m SC	Ramon Laboy	Danbury	6:00.98	2001	AON, NC
3000m SC	Ramon Laboy	Danbury	9:45.21	2001	Hartford Public
110HH (120yds)	Kelly Myrick	McMahon	13.8	1966	
300IH	Mike Ramos	Central	37.58	2001	FCIACs
400IH	Mike Ramos	Central	53.54	2001	Hartford Public
4 x 100m	N. Asante, P. Moudourou, Marcus Baisi, D. Clarke	Danbury	42.26	2016	NBON, NC
4 x 200m	M. Andrew, J. Bartley, J. Gomez-D, D. Clarke	Danbury	1:28.40	2015	NBON, NC
4 x 400m	S. Parkinson, D. Campbell, M. Going, T. Cunningham	Danbury	3:17.88	2017	NE - Norwell, MA
4 x 800m	P. Elkind, P. Nolan, W. Marsh, H. Wynne	Staples	7:42.11	2013	NBON, NC
4 x Mile	K. Sogaard, T. Hopper, A. Gilbert, W. Bordash	Ridgefield	17:28.49	2014	NBON, NC
SMR - 800m	Davis, Jenkins, Wilson, Mitchell	Stamford	1:32.61	2004	AOC, NC
SMR-1000m	C. Cledera, A. Agosto, S. Parkinson, T. Cunningham	Danbury	1:56.82	2017	NBON, NC
SMR - 1600m	D Hoffman, Z. Mithcell, J. Heil, H. Wynne	Staples	3:27.20	2012	NON, NC
DMR - 4000m	D. Bubniak, B. Melanophy, C. Raphael, J. Bubniak	Danbury	9:59.42	2009	NON, NC
Pole Vault	Chris Rough	Westhill	16' 00"	2015	CIAC STATE OPEN
High Jump	Chet Ellis	Staples	7 00.50	2019	CIAC STATE OPEN

Long Jump	Justin Forde	McMahon	24-06.25	2019	FCIAC
Triple Jump	Justin Forde	McMahon	52-10	2019	USATFU20
Shot Put	Mike Serriccho	Rippowam	59' 08.50"	1973	CIAC STATE OPEN
Discus	Mark Shinner	Staples	176' 11"	1967	
Javelin	Stephen Simalchik	Danbury	212' 09""	2009	Nutmeg Games
Hammer	Robert Guider	Danbury	204' 08"	2009	Hartford Public
Decathlon	Tom Delmore	Norwalk	6705	1975	CIAC Decathlon

Any additions or changes to this list should be addressed to Rob Murray at murrar@danbury.k12.ct.us

* Converted Time

~ Note: The FCIAC as we know it today officially started in 1961. A team must have been a member at the time of a performance to count.

FCIAC Outdoor Track Team Champions

Year	Boys Champions	Year	Boys Champions
1961	Stamford	2001	Danbury
1962	Greenwich	2002	Danbury
1963	Rippowam	2003	Danbury
1964	Staples	2004	Danbury
1965	Staples	2005	Danbury
1966	Rippowam	2006	Danbury
1967	Darien	2007	Danbury*
1968	Rippowam	2008	Danbury*
1969	Darien	2009	Danbury*
1970	Rippowam	2010	Danbury
1971	Rippowam	2011	Danbury*
1972	Rippowam	2012	Staples
1973	New Canaan	2013	Staples
1974	Stamford	2014	Danbury
1975	Trumbull	2015	Danbury
1976	Greenwich	2016	Danbury
1977	Ridgefield	2017	Danbury
1978	Darien	2018	Danbury*
1979	Westhill	2019	Ridgefield

1980	Trumbull
1981	Trumbull
1982	Darien*
1983	Stamford
1984	Stamford
1985	Westhill
1986	Westhill
1987	Staples
1988	Staples*
1989	Staples
1990	Stap/ Trumb
1991	Stamford
1992	Stamford
1993	Danbury
1994	Stamford
1995	Danbury
1996	Danbury
1997	Trumbull
1998	Danbury*
1999	Trumbull
2000	Brien McMahon

Updated 06/14/2023

2020	(No Season/Meet - COVID-19)
2021	Danbury
2022	Greenwich
2023	Greenwich

*State Open champion